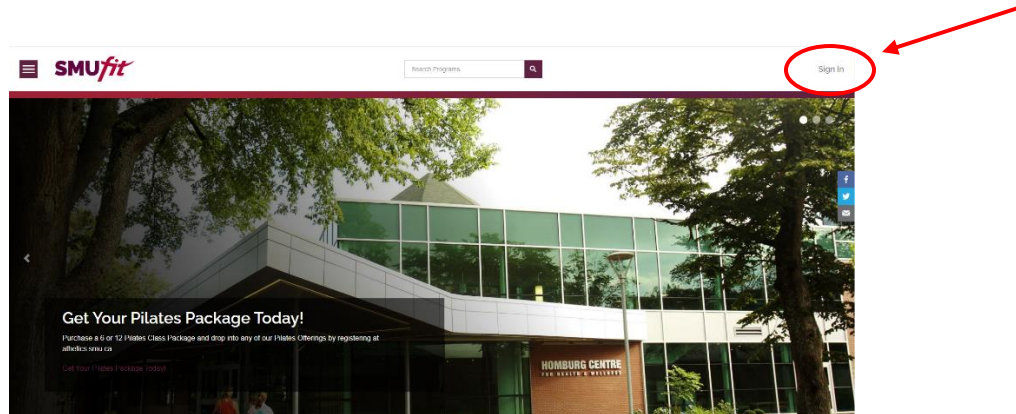
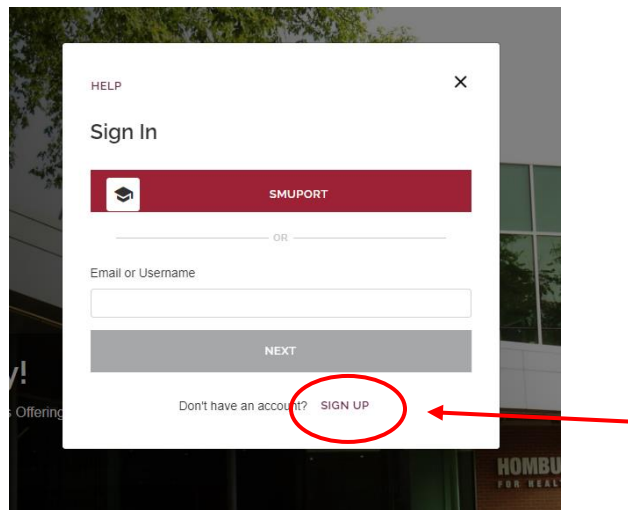


## How to Sign Up for SMUfit's Registration Site

Start by going to [athletics.smu.ca](http://athletics.smu.ca) and select "Sign In" from the top right hand corner.



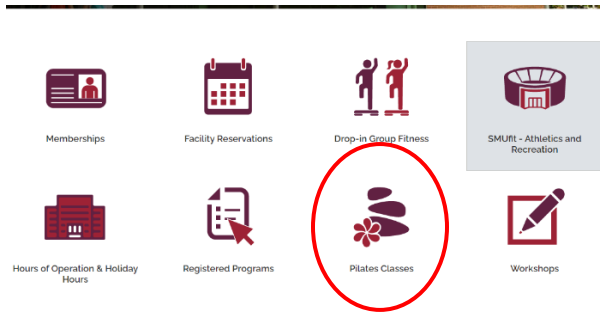
Next you can sign in if you've already signed up for the site. If not, click "SIGN UP" at the bottom of the Sign In page.



Follow the next steps to sign up for an account. This includes adding your: name, Email and creating a password. Then select "Create Account".

Now that you are logged in, write down the email address used and the password so you can login in the future!

To register for a class or facility reservation scroll down to our icons and pick the one that you are interested in:



After selecting the icon, you will see the classes/programs or court options. Select the one you would like to reserve.

### Search Programs

Classification	All Categories
All Classifications	
Book - Squash - Members	
Book - Squash - SMU Students	
Drop In Group Fitness	
<b>Pilates Classes</b>	
Registered Programs	
Workshops	
<b>Semesters</b>	
Fall 2022	
<b>Category</b>	
All Categories	

All Categories	Class Name	Price
	<b>Classical Cadillac &amp; Tower Pilates w/ Ghalia</b> Work out on Joe Pilates premiere piece of equipment. He named it after the fanciest car available at the time! These classes leave you feeling strong, stretched, balanced, and invigorated! All Pilates classes require a Pilates Package or individual class pass.	\$0.00
	<b>Classical Mat Pilates - All Levels w/ Breagh</b> Working through Joe Pilates original Mat order as appropriate for participants, these classes build concentration, precise movements, strength, balance, and control. All Pilates classes require a Pilates Package or individual class pass.	\$0.00
	<b>Classical Mat Pilates - Beginner w/ Ghalia/Breagh</b> Working through Joe Pilates original Mat order as appropriate for participants. This class is suitable for beginners and anyone wanting to perfect the basic moves. All Pilates classes require a Pilates Package or individual class pass.	\$0.00
	<b>Classical Reformer Pilates - All Levels w/ Breagh</b> The Universal Reformer may be the most well-known piece of Pilates equipment. These classes build strength, stamina, coordination, and confidence! Excellent for beginners and long-time practitioners. All Pilates classes require a Pilates Package or individual class pass.	\$0.00
	<b>Classical Reformer Pilates - Beginner w/ Ghalia</b> The Universal Reformer may be the most well-known piece of Pilates equipment. These classes build strength, stamina, coordination, and confidence! Excellent for beginners and long-time practitioners. All Pilates classes require a Pilates Package or individual class pass.	\$0.00

Some classes/programs or courts will have multiple days and times available. Select the one(s) that works for your schedule by selecting "register":

## Classical Reformer Pilates - Beginner w. Ghalia

\$0.00



[Return to Programs / Classical Reformer Pilates - Beginner w. Ghalia](#)

This sequence of reformer exercises is done in order as Joe Pilates intended. This series will leave you feeling longer, lifted, and revitalized! Suitable for anyone new to the Pilates Reformer, just starting group classes, or intermediate participants needing a review or hoping to move slower through some basics. All Pilates classes require a Pilates Package or individual class pass.

### Program Instances

Friday, September 15, 2023	Tuesday, September 19, 2023
12:30 PM - 1:30 PM 3 spot(s) available <a href="#">REGISTER</a>	6:30 PM - 7:30 PM 4 spot(s) available <a href="#">REGISTER</a>



Read any policies or custom prompts related to your registration then select "Continue"

Please review/provide the following information:

**Pilates Package or Drop in Pass Required**

To attend any classes in our Pilates Studio you must purchase a Pilates Class Package or a Drop In Pass. Pricing can be found at [smufft.ca](http://smufft.ca) or over the phone: 902-420-5555.

**24hr Cancellation Policy**

Cancellations must occur at least 24hrs before the class start time. Failure to do so will result in being charged for the class.

CANCEL CONTINUE

Review your registration one last time and select "Checkout":

**Shopping Cart**

John Smith O-148078

Item	Customer Name	Quantity	Unit Price	Total	
Program: Classical Reformer Pilates - Beginner w. Program Instance: Tue, Sep 19 2023 6:30 PM to 7:30 PM	John Smith	1	\$0.00	\$0.00	REMOVE

Enter promo code... APPLY

Subtotal: \$0.00  
Tax: \$0.00  
Total: \$0.00

CONTINUE SHOPPING CHECKOUT

**Refund Policy**

Participants enrolled in a program or class may transfer or withdraw until 7 days prior to the program start date. Transfers or refunds within 7 days, but before the program start date will only be issued if a waiting list is active for the program and must be authorized by the Program Coordinator. Once the program has begun only a pro-rated credit will be issued. Programs, camps or classes may be cancelled if minimum registration numbers are not obtained prior to the start date. In this case a full refund will be issued. If a class is cancelled by Organization Name, or due to weather it will be rescheduled at the next available time.

Proceed to your final step by selecting "Checkout" one last time:

Proceed to Checkout  
Do not click Back or Refresh/F5 on your browser  
Processing may take few minutes

CANCEL CHECKOUT

Shopping Cart

John Smith O-148078

Item	Customer Name	Quantity	Unit Price	Total	
Program: Classical Reformer Pilates - Beginner w. Program Instance: Tue, Sep 19 2023 6:30 PM to 7:30 PM	John Smith	1	\$0.00	\$0.00	REMOVE

Enter promo code... APPLY

Subtotal: \$0.00  
Tax: \$0.00  
Total: \$0.00

CONTINUE SHOPPING CHECKOUT

**Refund Policy**

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You will receive a confirmation that your order was processed successfully, and you can download a confirmation by selecting the "Confirmation" button.

**Your order was processed successfully**

**Payment was Successful**  
A receipt has been sent to you.

John Smith O-148078

Item	Customer Name	Quantity	Unit Price	Total	
Program: Classical Reformer Pilates - Beginner w. Program Instance: Tue, Sep 19 2023 6:30 PM to 7:30 PM	John Smith	1	\$0.00	\$0.00	CONFIRMATION

Subtotal: \$0.00  
Tax: \$0.00  
Total: \$0.00